



INTERLINK

University of Illinois Counseling Center

INTERLINK Newsletter

March 2008



We hope that you are getting to know your mentee/mentor by this point in the semester. For those of you who were matched after the orientation, we hope that you have at least been in contact with your mentee/mentor by phone or email. We know that life tends to get busier as the semester progresses, but we encourage you to make time to meet with your mentee/mentor. We have found that both people benefit when you meet consistently, and it can provide much-needed breaks from work and studies. As always, please let us know if you are having any problems getting in touch with or meeting your mentor/mentee.

We want to highlight two upcoming Interlink group events: **Ice Skating on March 7 at 7pm** and the **Interlink Potluck on April 5 at 6:30pm**. For more details, see below.

Ways to Spend Time With Your Mentee/Mentor

General Activities

- **Travel to Ten Thousand Villages.** Well, not literally, but have fun exploring fairly traded gifts, home décor and personal accessories handcrafted by artisans from around the world at the store: Ten Thousand Villages, located in downtown Champaign.
http://champaign.tenthousandvillages.com/php/stores_festivals/store_homepage.php
- **Visit a Furry Friend.** Take a trip to the Champaign County Humane Society to visit the many cats, dogs, and other animals available for adoption. Discuss similarities and differences in pet ownership across countries and cultures. <http://www.cuhumane.org/>
- **Go Bowling.** Check out the Rec Room in the basement of the Illini Union. You can bowl for the low cost of \$3.30/per person/per game for UI students. You can also play billiards or try out Dance Dance Revolution!
<http://www.union.uiuc.edu/funspots/recroom/Default.aspx>
- **Staerkel Planetarium.** Watch a show on Friday or Saturday evening at Parkland College (7:00, 8:00, 9:30pm). Upcoming shows include Teddy's Quest (geared more toward children), Winter Prairie Skies, Arctic Light, and Pink Floyd's Wish You Were Here. Cost: Students tickets are \$3, Adults are \$4.

Cultural Events

- **INTERLINK Ice Skating Adventure.** Friday, March 7, 7-10pm. – UI Ice Arena – Cost: UI students: admission is free, skate rentals \$1; General public: admission \$5, skate rentals \$2. We encourage you to attend with your mentee/mentor, but even if he/she cannot attend, please join other Interlink participants for a fun night!

- **INTERLINK Potluck.** Saturday, April 5, 6:30pm. Come to the Asian American Cultural Center (AACC) with a delicious dish to share. If you are unable to cook, you can bring juice or soda, or you can buy food at the grocery store, or order take-out from your favorite restaurant to share with everyone! For info/location of AACC: <http://www.odos.uiuc.edu/aacc/about/facilities.asp>
- **25th Annual International Dinner.** Sunday, March 9, 6pm – University YMCA – Cost: \$8. Feast on a buffet featuring dishes from over 30 countries, while being entertained by dancing, singing, and other forms of art performance. Hosted by ISSS, Cosmo Club, and the University YMCA. <http://www.universityymca.org/international.html>
- **Monthly Cultural Enrichment Meeting.** Wednesday, March 5, 5:30pm – Japan House – Cost: Free. Koji Matsunobu, shakuhachi (Japanese bamboo flute) player will give a performance for the monthly Enrichment meeting. He uses the jinashi shakuhachi, which is made out of a single piece of bamboo with minimal artificial modification in order to maximize the character that the individual bamboo segment naturally bears.
- **International Coffee House.** Fridays 4-6pm. Etc. Coffee House (Corner of Green St. and Goodwin Ave.). Cost: Free. All are welcome to meet new people, practice speaking and hearing English, enjoy free beverages and snacks, and learn about other cultures.

Music & Dance

- **The Other Guys, Spring Concert.** Saturday, March 8, 8pm – Foellinger Auditorium – Cost: ~\$5. The Other Guys are a talented all-male a cappella group at U of I; shows are a mix of singing (a cappella: without music) and comedy. <https://netfiles.uiuc.edu/ro/www/OtherGuys/main.html>
- **Krannert Uncorked.** Most Thursdays, 5pm – Krannert Lobby – Cost: Free. With partners Sun Singer Wine & Spirits, The Corkscrew Wine Emporium, Friar Tuck Beverage, Jim Gould, and Bacaro, we're showcasing the best in beverages. Beverages may be tasted free of charge and will be available for purchase by the glass at a special discounted price during the tasting. March 6 will feature a performance by Briggs Houchin Jazz.
- **Studiodance I.** March 6-8, times vary – Krannert Center – Cost: \$8-14. The vitality of dance's future generation leaps through the work of Master of Fine Arts candidates Kimber Andrews, Esteban Donoso, and Chun Chen Chang.
- **Wind Symphony & Symphonic Band I.** Thursday, March 27, 7:30pm – Krannert Center – Cost: \$4-10.
- **UI Steel Band.** Sunday, March 30, 3pm – Krannert Center – Cost: \$4-10. The group will be playing soca, calypso, jazz and popular styles from Trinidad, Cuba, Brazil and other parts of the world. Featured on the program will be Jit Samaroo's challenging arrangement of "Lord Kitchener's" classic piece, Pan in A Minor. Performed by the Amoco Renegades in the 1987 National Panorama finals held in Trinidad, this composition is one of the finest, most entertaining and exciting Panorama arrangements ever created.
- **Thursdays at 12:20 Concert Series.** Thursdays 12:20-12:50 pm. Beckman Institute Atrium. Cost: Free. Eat lunch at the Beckman Café (or bring your own lunch) and listen to a performance by a member of the UI School of Music. <http://www.beckman.uiuc.edu/events/thursdays.html>

Theatre & Film

- **Measure for Measure.** March 27-29; April 2-6, Krannert Center. Cost: \$9-15. What would happen if a national leader suddenly gave authority to his second-in-command to walk the streets and find out what his country is really like? Would that leader begin to see the ramifications of his laws? The true mettle of his advisors? His own hypocrisy? Wicked, raw, and tender, Shakespeare's comedy questions the legislation of morality and the morality of legislators. Robert Anderson directs.
- **Rent a Movie.** Check out a movie from *That's Rentertainment* or *Blockbuster*, perhaps a recent hit or an old favorite of yours.

- **Inner Voices Social Issues Theatre Presents: *Open Season (March 4-12)* and *Endangered Black Girls (March 11-13)*.** Cost: Free. This student theatre group addresses contemporary social and health issues pertinent to the college experience through performances followed by facilitated discussions. See website for times and locations: <http://www.innervoices.uiuc.edu/>

Art

- **Krannert Art Museum.** Cost: Free. See one of the current exhibits at this U of I museum, including *Blown Away*, *Children of Arcadia*, and *Jay Ryan: Animals and Objects In and Out of Water*. <http://www.kam.uiuc.edu/index.cfm>
- **Double Museum Exhibit Opening Event.** Friday, March 28, 7pm – The Spurlock Museum – Cost: Free. Join the Museum staff for refreshments, gallery exploration, and an introduction to new exhibits displayed in the Campbell Gallery and Campbell Lobby: *Calypso Music in Postwar America: Photographs and Illustrations, 1945-1960* and *Qak'aslem, Qakem: Kaqchikel Maya Weavings*

Sports

{for details see: <http://fightingillini.cstv.com/>; many events are free}

- **Fighting Illini Wheelchair Basketball.** Fighting Illini College Challenge. March 8-9. IMPE. <http://www.disability.uiuc.edu/athletics/team.php?sport=1>
- **March Madness!** March 20-April 7. Watch the NCAA Men's Basketball Championship on TV.
- **Men's Tennis – UI vs. Purdue.** Saturday, March 8, 6pm, Atkins Tennis Center
vs. TCU. Wednesday, March 12, 6pm, Atkins Tennis Center
- **Women's Tennis – UI vs. Wisconsin.** Saturday, March 29, 12pm, Atkins Tennis Center
vs. Northwestern. Sunday, March 30, 12pm, Atkins Tennis Center
- **Men's Gymnastics – UI vs. U of Michigan.** Saturday, March 8, 2pm, Huff Hall.
- **Women's Gymnastics – UI vs. Missouri.** Saturday, March 8, 2pm, Huff Hall.

"If we are to live together in peace,
we must come to know each other better."
~ Lyndon Baines Johnson, 36th President of the United States

“Everyone in the world smiles in the same language.”
~Mexican American Proverb

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<http://www.couns.uiuc.edu/Interlink/interlink.htm>

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