



# **INTERLINK**

*University of Illinois Counseling Center*

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**INTERLINK Newsletter**

**April-May 2008**



Spring has arrived! We hope you are still finding time to spend with your mentor/mentee as we enter the final part of the semester. Remember, interacting with each other should be fun and can be a nice break from work and studies. As always, please let us know if you are having any problems with your mentor/mentee. Stay tuned for an end-of-the-semester survey about your Interlink experiences.

We want to highlight the following Interlink group event: **Interlink Potluck on April 5 at 6:30pm.** For more details, see below.

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## **Ways to Spend Time With Your Mentee/Mentor**

### **General Activities**

- **WCIA-3 Home & Garden Show.** Friday, April 5, 9am-6pm; Saturday, April 6, 11am-4pm—Assembly Hall. Cost: Free admission and parking. The Home and Garden Show will feature two days of vendors from across central Illinois and several how-to sessions throughout the day. There will also be an interactive family fun zone this year for the whole family.
- **Bowl Off Steam.** May 2-9—Illini Union Rec Room—The Rec Room offers a special discounted rate during finals week to give students a chance to take a break from studying and to relax after a hard day. <http://www.union.uiuc.edu/funspots/recroom/Default.aspx>

### **Cultural Events**

- **INTERLINK Potluck.** Saturday, April 5, 6:30pm. Come to the Asian American Cultural Center (AACC) with a delicious dish to share. If you are unable to cook, you can bring juice or soda, or you can buy food at the grocery store, or order take-out from your favorite restaurant to share with everyone! For info/location of AACC: <http://www.odos.uiuc.edu/aacc/about/facilities.asp>
- **Navigating Intercultural Communication Workshop.** Saturday, April 5, 10am-4pm – Peabody Room, Scott Hall – Cost: Free. The purpose of this workshop is to discuss stereotypes or assumptions that we make about people that often prohibit effective communication. Through brief lectures and panel discussions, you will be able to identify skills and strategies that will help you deal with communication barriers that may exist due to cultural differences. You will also have the opportunity to practice effective communication skills with other participants, as well as successful international alumni. Please take note that the nature of this workshop makes it best suited for those international students who have not been living in the United States for long, and is most recommended for first-year students. However, it is open to students of all levels of study. If you have any questions or concerns, please feel free to contact Phoebe at [pjsmith2@uiuc.edu](mailto:pjsmith2@uiuc.edu). We hope you will join us for this great workshop! <https://webtools.uiuc.edu/formBuilder/OrganizationSecure?id=8088619>

## Cultural Events (continued)

- **Lunch at La Casa.** Thursdays, 12pm– La Casa Cultural Latina – Cost: Free. Weekly lunch workshop with various topics and guest presenters. Free lunch provided.
- **Food for Thought.** Tuesdays, 12pm – Asian American Cultural Center - Cost: Free. A weekly noontime discussion series that is focused on topics relevant to the Asian American community. Past discussions included topics such as nutrition, mental health, sexual health, and issues of queer Asian Americans.
- **Lunch and Learn.** Wednesdays, 12pm – Bruce D. Nesbitt African American Cultural Center. – Cost: Free. A free lunch and noon time lectures on topics which have an impact on the African American Community.
- **International Coffee House.** Fridays 4-6pm. Etc. Coffee House (Corner of Green St. and Goodwin Ave.). Cost: Free. All are welcome to meet new people, practice speaking and hearing English, enjoy free beverages and snacks, and learn about other cultures.

## Music & Dance

- **Acapellapalooza.** Friday, April 25, 8pm – Foellinger Auditorium – Cost: \$5-8. A concert featuring several a capella groups, including the Xtension Chords and the Rip Chords from U of I. <http://www.xchords.net/index.php>
- **Krannert Uncorked.** Most Thursdays, 5pm – Krannert Lobby – Cost: Free. With partners Sun Singer Wine & Spirits, The Corkscrew Wine Emporium, Friar Tuck Beverage, jim gould, and Bacaro, we're showcasing the best in beverages. Beverages may be tasted free of charge and will be available for purchase by the glass at a special discounted price during the tasting. April 3 will feature a performance by Jane Boxall on marimba.
- **Studiodance II.** April 17-19, times vary – Krannert Center – Cost: \$7-14. A curated concert of surprising little jewels awaits audiences. Enjoy the department's best dances made for and by students.
- **Rhythms and Dances of Africa.** Wednesday, April 9, 7-8pm – The Spurlock Museum – Cost: Free. The Adzido Drum Club welcomes master Ghanaian drummer Midawo Gideon Alorwoyie and his Afrikania Cultural Troupe for a performance of traditional drum and dance at the Spurlock Museum.
- **Salsa Lessons.** Sundays, 7pm – La Casa Cultural Latina – For more information, contact Eliana at 778-2365.

## Theatre & Film

- **International Film Week at the Undergraduate Library.** April 1-3, Undergrad Library. Cost: Free. Adam's Apple (Danish): An award-winning film about a vicious neo-Nazi who serves his community service (April 1); Shake Hands with the Devil: Award-winning documentary about a U.N. commander's return to Rwanda for the tenth anniversary of the genocide (April 2); Be With Me (English, Cantonese, Hokkien and Mandarin): A tapestry of three stories woven around the themes of love, hope, tragedy and redemption (April 3). All movies begin at 6:00 p.m. Light refreshments will be served.
- **Asian Film Series with Dr. Gary Xu.** Champaign Public Library. Cost: Free. Three films from across Asia with common themes of struggle and triumph will be featured. Dr. Gary Xu, associated professor of cinema Studies at U of I, will provide cultural and historical context before each film showing, Wednesdays, 7pm. *Shaolin Soccer* – April 2; *Monsoon Wedding* – April 9, *The Way Home (Jibeuro)* – April 16.
- **Inner Voices Social Issues Theatre Presents: *Break the Silence*.** Cost: Free. This student theatre group addresses contemporary social and health issues pertinent to the college experience through performances followed by facilitated discussions. This particular production features scenes addressing sexual assault, survival, support and speaking out. See website for times and locations: <http://www.innervoices.uiuc.edu/>

## Theatre & Film (continued)

- **2<sup>nd</sup> Annual Latin American Film Festival.** April 4-10. Boardman's Art Theatre. This year the festival will show "The Violin" (Mexico, 2006), "Cocalero" (Bolivia, 2007), "Madeinusa" (Peru, 2006), "Alice's House" (Brazil, 2007) and "The Aura" (Argentina, 2005). All of them have been awarded prestigious national and international prizes and have never been shown in commercial movie theaters in the United States.  
<http://www.clacs.uiuc.edu/news/filmfestival/index.html>

## Art

- **Krannert Art Museum.** Cost: Free. See one of the current exhibits at this U of I museum, including Blown Away, Children of Arcadia, and Jay Ryan: Animals and Objects In and Out of Water.  
<http://www.kam.uiuc.edu/index.cfm>
- **Artist in Residence: Monique Mojica.** April 1-30 – Native American House – Monique Mojica (Kuna and Rappahannock) is a playwright, actress -- including a role in the movie Smoke Signals --, and singer. As the artist in residence, Ms. Mojica will be leading a workshop and course titled Indigenous North American Theater. This introductory studio course explores the potential of sound, movement, impulse, gesture and storytelling from the body's memory as methodologies for generating performance texts organically. Dates for the course are set from April 1 to April 30. For more information, contact John McKinn: [mckinn@uiuc.edu](mailto:mckinn@uiuc.edu)

## Sports

{for details see: <http://fightingillini.cstv.com/>; many events are free}

- **Fighting Illini Wheelchair Basketball.** Ultimate Basketball Challenge. April 16. Huff Hall.  
<http://www.disability.uiuc.edu/athletics/team.php?sport=1>
- **Men's Baseball – UI vs. Michigan and several other opponents during April.** Illinois Field.  
<http://fightingillini.cstv.com/sports/m-basebl/sched/ill-m-basebl-sched.html>
- **Men's Tennis – UI vs. Penn State.** Saturday, April 5, 12pm, Atkins Tennis Center  
**vs. Michigan.** Sunday, April 6, 12pm, Atkins Tennis Center  
**vs. Ohio State.** Saturday, April 12, 12pm, Atkins Tennis Center  
**vs. Indiana.** Sunday, April 13, 12pm, Atkins Tennis Center
- **Women's Tennis – UI vs. Minnesota.** Saturday, April 19, 11am, Atkins Tennis Center  
**vs. Iowa.** Sunday, April 20, 11am, Atkins Tennis Center

“Dream as if you’ll live forever. Live as if you’ll die today.”

~James Dean, American Actor

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<http://www.couns.uiuc.edu/Interlink/interlink.htm>

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